

Avoiding adverse events when removing adhesives

(All adverse events will need to be reported during the trial and summarised in the trial paper)

Teach your patients to conservatively remove the adhesive by:

- Carefully peeling the adhesive off **slowly**
- Hold skin surface directly behind the adhesive **firmly** and continue to do so as you peel the adhesive back
- Soak in a lubricant (for example olive oil) prior to removal
- **Never** rip the adhesive off quickly

If the patient is over the age of 65

- Consider using the smaller section of the adhesive (covers the underside of the sensor only)
 - Cover the sensor with Fixomull if you choose to use this smaller adhesive