

RESTORE - movement sensor summary

November 2018

Assessing functional movements in the clinic

- During the first consultation, and at the beginning of each subsequent consultation, please get 3 repetitions of standing forward bending plus two functional activities that you think are clinically relevant to that patient (3 reps of each movement).
- Have the patient perform these at their self-preferred speed.
- Do these functional movements in the same order on every visit.
- Have the patients perform them at the beginning of every subsequent consultation, even if they are no longer a problem for the patient.
- After the first consultation, let us know what the two functional movements were, by including them in the on-line case notes.

Assessing movements outside of the clinic

- All patients go home with 2 sensors on after every session
- Ensure you start the monitoring session in the ViMove2 clinical software (iPad) .
- Each monitoring session needs to be completed by syncing the sensors after they are returned to the clinic. To do so, open the sensor software on the iPad and select 'Synch' for that session
- The syncing process is how the data is taken off the sensors. For that to happen, the sensors need to have some battery charge and not be in the cradle.
- It will not be possible to start another monitoring session for that patient unless the previous monitoring session has been completed (synced). If for some technical reason, the sensors can't be synced and you need to initiate a new session, the only way to do so is to delete the un-synced session (which you may do if no other sensors are available and you to proceed with the consultation).
- It is possible to have multiple monitoring sessions running simultaneously for different patients, provided those sessions are using different sensors. You cannot start a new session with the same sensors with a different patient if the data from the previous patient has not been offloaded (synced).

General information

- The sensors are turned on or off by holding the button for approximately 5 seconds
- Periodically we will let you know that there is an update available of the sensor app on the iPads. You update the app by clicking on 'Self Service' at the bottom of the home screen and then clicking 'Reinstall'.